

Guided learning hours

A total of five hours and thirty minutes, made up of:

- five hours of learning
- 30 minutes for the assessment.

The assessment must be done once the full course has been completed.

Target audience

Anyone employed or looking to be employed

Level

Awareness

Course pre-requisites

None

Learning aims

- To provide learners with an understanding of how their actions in the workplace contribute to safety and health
- To ensure that learners clearly understand their safety and health responsibilities

Learning outcomes

The learner will be able to:

- Identify why it is important to work safely
- 2 Identify everyone's responsibilities in relation to safety, health and wellbeing in the workplace
- 3 Define key terms in safety and health
- 4 Identify workplace hazards and risks, their impact and how to control them
- 5 Identify ways safety, health and wellbeing are managed and improved in the workplace

Course content

Part one: Introducing working safely		
Content	Learning outcome number	
Why it is important to work safely	1	
Who is responsible for safety and health in the workplace	2	
An organisation's responsibilities for safety and health	2	
Who has responsibility for workers' actions	2	

Working Safely v5.0 course syllabus

Couse content

Part two: Defining hazard and risk		
Content	Learning outcome number	
The six hazard groups: - mechanical - physical - chemical - environmental - biological - organisational	4	
Hazards that are not easy to identify	4	
What is meant by the terms 'hazard' and 'risk'	3	
What is meant by the term 'risk assessment'	3	
What is meant by the terms 'likelihood' and 'consequence'	3	
Deciding on what actions to take to control risk	4	
What is meant by the term 'reasonably practicable'	3	

Part three: Identifying common hazards			
Content	Learning outcome number		
An overview of the following common hazards, including how they can cause harm and what can be done about them: - aggression and violence - asbestos - bullying - chemicals and harmful substances			
computer workstationsconfined spacesdrugs and alcoholelectricity			
firegetting in and outheightshousekeeping	4		
 lighting manual handling noise personal hygiene 			
 personal riggiene plant and machinery slips and trips stress 			
temperaturevehicles and transportwelfare facilities			

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Content		Learning outcome number
What an organisation can do to manage and workplace	l improve safety and health in the	5
Workers' responsibilities for improving safety	and health in the workplace	5
How attitude and behaviour can affect safety	y and health in the workplace	5
What a 'safe system of work' is		3
What a 'permit to work' is		3
How safety signs can play an important part information	in communicating safety and health	5
Using personal protective equipment (PPE)		5
The safety and health of other people who may come on site, including contractors, visitors and members of the public		2
The role of safety committees and worker rep	5	
Types of workplace inspections		5
Emergency procedures		5
What is meant by the terms 'incident', 'accident' and 'near miss'		3
Reporting incidents, including near misses and accidents		5
First aid provision		5
The role of the safety and health enforcement inspector		5
Health surveillance and monitoring		5
	Assessing learners	
Content		Learning outcome number
Learners are required to take one of the four standard assessments under examination conditions. Based on the learning objectives, all learners should be assessed in two ways:		all
Part A: Knowledge and comprehension This consists of 20 questions in a variety of formats. Each paper has a maximum of 33 marks.		
Part B: Practical application of learning This consists of four hazard-spotting question about harm caused by hazards and the best		
Each paper has a maximum of 16 marks.		4
		4 Practical application
Each paper has a maximum of 16 marks.	ways to control it.	

Part four: Improving safety performance

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